



The final Cavan Business Women's Club (CBWC) networking event was held on Wednesday December 7th in the Farnham Estate Golf & Spa Resort.

The network will take a break in 2023, but the team in Local Enterprise Office Cavan are there to continue to support Cavan Women in business. Sign up for the LEO Cavan ezine to get updates on all events and training courses – [CLICK HERE](#) (Note: Go to the bottom left of the home page to sign up for the ezine)

Cavan Business Women's Club – Christmas 2022 event

Some 70 Cavan business women listened to Ireland's top crime fiction writer, **Patricia Gibney**, share her journey of how she began her literary career after experiencing the untimely death of her husband from cancer in 2009. Patricia began writing to help her deal with her grief, and today she has sold over 2 million copies of her books. Featuring Detective Lottie Parker, Patricia has written 11 novels, with a twelfth coming out in February 2023. The novels are set in the fictional town of 'Ragmullin', which is an anagram of the real-life town of Mullingar, where Patricia lives. Patricia gave some valuable advice to the audience in relation to being focused and achieving your goals, whatever it is you want to achieve.

Celebrity Cavan [Chef Shane Smith](#) shared the stage with Patricia and gave a Christmas bakery demonstration themed "Sugar & Spice and All Things Nice". He showed how to make two delicious desserts of Spiced Mixed Fruit Parcels and Chocolate Brownie Irish Cream Cheesecake. Shane is an award-winning Pastry Chef with over 23 years' experience working in some of the most celebrated pastry kitchens in Ireland & abroad. This year he launched "The Shane Smith Online Cookery School" www.chefshanesmith.ie that has a mission to help educate the next generation of pastry chefs and home bakers.

Marcella Rudden, Head of Enterprise, [LEO Cavan](#) encouraged all those in business to avail of the supports on offer from LEO Cavan and to ask for help and support, particularly when starting out in business. Marcella also thanked all those members who attended the network events throughout the year and since CBWC started in 2013.

Margaret McKeon-Boyle, who coordinates the CBWC on behalf of LEO Cavan, was the Master of Ceremonies for the evening, and gave a heartfelt thanks to all those members for the wonderful raffle prizes so generously given at each of the CBWC events.

Marcella Rudden also announced that Cavan Business Women's Club will be taking a break in 2023. The format of the network will be reviewed and a new offering to better support women in business will be developed and launched by LEO Cavan in the future.

THANK YOU

Marcella Rudden, with Margaret McKeon-Boyle, who has coordinated Cavan Business Women's Club since it launched, want to express our sincere thanks to the many business women who have supported the network over the past 9 years, to the 100+ inspirational speakers that addressed the CBWC, to the venues where the networking events were held, to Sheila Rooney for taking thousands of photos over the past 9 years, to Local Enterprise Cavan for supporting the CBWC and to Ruth Murdy and the LEO Cavan team for coordinating the bookings and registration desk at each meeting.

Cavan Business Women's Club –Photos from December 7th Event
Photos by Sheila Rooney <https://www.smrphotography.net/>



A room full of inspirational business women

'We Mean Business' Newsletter: Edited by: Margaret McKeon-Boyle, Coordinator, CBWC on behalf of LEO Cavan – 087-2588918 cbwc@leo.cavancoco.ie



Marcella Rudden, Head of Enterprise, LEO Cavan & **Patricia Gibney**, Author, guest speaker



Margaret McKeon-Boyle, MC & Coordinator CBWC & **Chef Shane Smith**




The LEO Cavan and Extensive PR Team – L-R: Ann, Gillian, Margaret, Marcella, Amber & Ruth


Networking at Cavan Business Women's Club – December 7th 2022






 **CBWC CHRISTMAS EVENT**
Wednesday December 7th
Farnham Estate Spa and Golf Resort

The Business of Writing with Patricia Gibney
Million Selling Author

 **Marcella Rudden, Head of Enterprise, Local Enterprise Office Cavan**

Cookery Demo with Chef Shane Smith
"Sugar & Spice & All Things Nice"

 **Margaret McKeon-Boyle- MC**

<https://www.localenterprise.ie/Cavan/>















THANK YOU to all those who donated prizes for our FREE CBWC Raffle

& to Ann Rudden, Aine Handmade Chocolate, for the fabulous gift for everybody in the audience of Belgian Hot Chocolate marshmallow Bombes





From

