

MENTOR PANEL 2023-2023

Business Name	MENTOR Name	Bio	Contact Address
Wolfe & Associates	Joe Kelleher	Joseph Kelleher BCL, MBA, is a management consultant with over 20 years' experience. He is the Principal of WMA Kelleher & Associates. His expertise and knowledge of assisting both early stage and established businesses, helping them develop their 'business case' in order to grow and develop.	https://www.wolfeandassociates.com/
House of Moneybags	Maui Doherty	Maui Doherty is a serial entrepreneur, with two decades of working with businesses globally. After founding her first business in 2007, she went on to start the company ten years later and now works exclusively with SME's to develop and scale their businesses.	https://www.houseofmoneybags.com/
The Discovery Partnership Billy O'Connor	Veronica Murphy	Veronica Murphy has over 22 years of combined experience with international and indigenous companies in a number of sectors. Veronica has held positions in Ireland and internationally at senior leadership roles in General Management, Manufacturing Operations, Supply Chain and Logistics, Human Resources and International Exporting and Sales.	http://www.discovery.com/Veronica.murphy.2146461/
Disrupt Enterprises	Al Turhaman	In-depth of industry experience and proven track record in: Assisting businesses to develop and deliver innovative products and services for the global market / Creating and managing strategic business plans / Including start-ups ventures and developing SMEs / Guiding businesses to explore new technology to optimize profitability and to keep up with digital transformation / Mentoring businesses to solve complex problems. Academic Achievements: PhD in Business Development and Organizational Systems, B.S. in Business Management, MBA in International Management.	https://www.disrupt.com/
Jarvis O'Leary Consulting	James O'Leary	Experienced Business Manager & Management Consultant with a track record of Business performance improvement. Have 16 years senior management experience of improving organisational performance. Provide business support to exact organisations grow their revenues and profit. Focus with proven strategies. I also help under performing organisations improve their position.	https://www.jarvisoleary.com/James-O'Leary-2006724/
Marketings	Denise Kennedy	An experienced Business Strategist and marketer, Denise Kennedy helps companies optimize their customer base, reach new markets, and develop new products. Working with SMEs and Blue Chip companies, Denise has designed and executed business development strategies into the Domestic, European and United States markets. A graduate of UCC, Denise holds a Bachelor of Commerce, M.Sc. (Commerce) and Higher Diploma in Computer Science from UCC.	http://www.marketings.com/DeniseKennedy/
Royce Holding	William Muldoon	25 years' experience in areas such as HR Structures (Organisational Design, Organisational Structure, Organisational Development, Competency Frameworks, Grading Structures and Recruitment Processes) Organisational Culture & System Change, Organisational Efficiency, Document Management, Quality Management, Human Resources, Health & Safety Management, Business Excellence, Operational Excellence, Learning & Development, and Enterprise Risk Management.	https://www.royce.com/William-Muldoon/
Lucy O'Donoghue Consulting	Lucy O'Donoghue	Lucy is the founder of Lucy O'Donoghue Consulting, a boutique agency in Cork. With over 25 years of experience, Lucy has a strong record in mentoring start-ups, established companies, business owners and their teams in new business development, strategic planning, project management, marketing, communications, public relations, writing business plans and writing content for social media campaigns, for new marketing material, websites and blogs.	https://www.lucyod.com/lucyod/mentoring/
Accelerating Performance	Caitlin Conroy	Caitlin sales companies B2Bsm, her focus is on strategy, export, marketing. Caitlin aligned to business growth domestically Internationally. Her passion is on new market development, building strategic innovative solutions, customer focused strategies, revenue strategies and gap analysis aligned to operational growth. She will soon also be a Law So Degree qualified (University of Limerick).	https://www.acceleratingperformance.com/
Midland Business Training	Sean Ryan	Sean Ryan joined Midland Business Training full time in 2004 following 10 years as CEO of Offaly County Enterprise Board which was the previous agency of the Local Enterprise Office. Prior to CEO position Sean was the senior HR officer with a large local authority. He holds a MBA in Business Studies and HR from DCU. Since joining MBT he has delivered training programmes directly to the SME sector and delivers extensive business mentoring and advice on behalf of a local enterprise office.	https://www.midland.com/Sean-Ryan-172814/
Asling Foley marketing	Asling Foley	Asling Foley has over 25 years technology marketing experience. Since 2007 Asling has been working with start-ups and small and medium sized software companies. Asling has created and implemented marketing communications projects with national and international clients including Trinity Technologies and LeadLogics. She is on the TI and Westmath LEO panels.	https://www.aslingfoley.com/
Blueprint Solutions	Theresa O'Connor	Director of Blueprint Solutions, Theresa O'Connor has over 25 years of business management experience within the Service Sector. She has frequently been described as the 'great multi-tasker', the 'glue that brings everything together' and 'the person that gets things done'. Theresa excels at problem solving, team management, communications, public relations, writing business plans and writing content for social media campaigns.	https://www.blueprintsolutions.com/
Meash Ring	Meash Ring	Meash Ring is a business consultant, trainer and mentor working in product development, marketing, branding, sales and consumer motivation. She has worked in all business sectors including food, tourism and retail and has specialised in the craft and gift sector having guided businesses with sales, marketing and export strategies.	https://www.meashring.com/
Business Wearing	Jackie Gowran	15 years' business experience. 13 years on the mentor panel for Enterprise Ireland and multiple LEO's. 13 years delivering start up and business development training. Insightful, personable, empathetic and practical approach and style. Strengths include capacity to create manageable workable strategies for clients.	https://www.businesswearing.com/
Aggie Management Consultants	Simon O'Keefe	Simon spent 15 years working in sales, product development, brand management and strategic research planning roles for world leaders, B&N, Nobel and Nike in Germany and the USA. He has worked in water utility as a consultant and director for several large and small successful businesses in Ireland. His area of expertise is leading business for transition to new ownership.	www.aggie.ie/
JK Innovation	Justin Keenan	Justin Keenan is a business & technology consultant with 10 years experience in technology & entrepreneurship and is skilled at taking innovative concepts from inception right up to becoming a stage growth enterprise. Justin is an expert on all digital technology and leading online and holds a post grad in Innovation & Entrepreneurship and has extensive experience mentored with local authorities & community development companies.	https://www.jkinnovation.com/
Alma Bronzan Fusion Communications	Alma Bronzan	Alma is a key member of the Fusion Communications digital team and is responsible for managing and creating content for many social media accounts across various sectors, from the food industry to the leisure industry. This work also includes the planning and execution of competitions and online advertising campaigns.	https://www.alma.com/AlmaBronzan/
Greg Carthy Fusion Communications	Greg Carthy	He is the Managing Partner of Fusion and he also oversees the Digital team. Greg works with clients on their Communications Strategies and he develops social media strategies and implementation plans for clients and supports these with the Fusion social media team.	https://www.fusion.com/GregCarthy/
Jonathan Bunce	Jonathan Bunce	He is a keen start-up and strategic marketing expert with 25 years experience in creating scalable businesses from the smallest of ideas. I help companies realise their value propositions and marketing strategies by testing their assumptions and validating their business models and finding scalable, sustainable business models faster and cheaper.	https://www.jonathanbunce.com/
Maybury marketing	Sandra Maybury	Sandra Maybury, Managing Director of Maybury Marketing Ltd., is an experienced Consultant and Mentor with expertise in brand and tourism, event management, internal management, marketing, digital and print media and PR. Self-employed for 15 years, Sandra has directly assisted businesses to create marketing and business continuity plans that combine these elements.	https://www.mayburymarketing.com/
Aling Beards (The Discovery Partnership)	The Discovery Partnership	Aling has BA in Drama & Theatre Studies and an MA in Public Relations with New Media. Aling is a Communication Consultant with the Discovery Partnership specialising in Digital Marketing Strategies, Public Relations Initiatives, Branding and Reputation Building and Management, and Media & Influencer Engagement.	https://www.alingbeards.com/
Longfield Marketing & Communications	Hay Longfield	I have worked in the marketing/communications area for over 25 years. 16 years of leading an in-house marketing/communications function and five years managing client marketing & communications strategies with my current business.	https://www.longfieldmarketing.com/
Altrada	Alan O'Mahony	Alan has excellent information design skills and practical experience in working on commercial designs. Alan specialises in branding, graphics and getting businesses online, building marketing strategies and all companies to enhance business online. Alan has founded and developed a vibrant and craft-giving reputation for designing effective design solutions. Alan has worked on many projects which have varied from corporate branding, e-commerce, websites, online systems with dynamic backend database driven functionality for many different sectors, from education, food enterprise, aviation, medical health, and lawn care. Trainers B.A. BSc. is the Managing Director of Communications who specialises in public relations and digital marketing campaigns. She works with SMEs and industry groups to help develop and promote their brands both offline and online in a cost-effective and efficient manner.	https://www.altrada.com/
Communications Hub - Kavee Teeany	Kavee Teeany	Kavee Ann is a communications specialist with a demonstrated history of working in the public relations, marketing, event management, corporate coaching, training and communications industry in a mentoring and coaching capacity. Kavee-Ann has worked with LEO in both Tipperary and Carlow in the past.	https://www.kaveeteany.com/communicationshub/
Gene Communications	Adama Gene	A strategic communications professional with over 20 years high level experience in Marketing, PR (both in-house and agency) and internal communications across several industries (Financial, IT, utility, travel). Help organisations communicate with impact through my consultancy Gene Communications. I also work with SME Ireland and Network Ireland regularly.	https://www.gene.com/
Christine Duggan	Christine Duggan	Christine Duggan is a PR professional with 15 years experience in communications across a broad spectrum of sectors. My approach is creative, working with clients to stand out from the crowd.	https://www.christineduggan.com/Christine-Duggan-1540961/
Business Communications	Sheridan Johnson	Business Development Consultant - From Start-Up Mentions to New Product Development Approved Mentor for LEO Levels, Northern Ireland Experienced B2B Trainer, Trainer with Louth LEO, M1 Skillnet and to a range of public & private clients	https://www.businesscommunications.com/
Polym Brand Communications	Laura Curtin	I'm a highly skilled and well-trained professional, with extensive experience in developing marketing communications strategies. With twenty-five years' experience grounding an excellent standard of work, possessing exemplary people and project management skills. I pride myself on being a proactive, committed, and supportive partner to the business I engage with.	https://www.polymbrand.com/
Grainne Connolly	Grainne Connolly	An energetic customer focused and motivated professional with a proven track record in project management, strategic planning, customer insights, marketing planning, data analysis, and people management. Applying this extensive experience, she strives to ensure winning results are delivered whilst meeting deadlines in a fast-paced and ever-changing environment.	https://www.grainneconnolly.com/
Data Audit Limited	Adam Ward	Energetic, motivated and dynamic IT professional with excellent strategic, analytical and data management skills. Extensive experience having worked across multiple industries and is also a qualified Salesforce.com administrator. An experienced leader and excellent people manager with over 20 years' experience both in Ireland and abroad.	https://www.dataaudit.com/
HMC Global	John Haran	An experienced Director with a demonstrated history of working in the international trade and development industry. John Haran has spent the last 35 years in a variety of sales and leadership roles. John possesses strong expertise in Business Planning, Sales, Export Development, Start-ups, and Leadership.	https://www.hmcglobal.com/
OK Consulting	Dawn Keating	Global experienced sales manager and mentor who assists brands develop business plans and implement sales growth and business development strategies. Broad expertise across premium consumer goods, retail, B2B, Direct to Consumer and Digital sales channels. From Cork, have worked and led in Europe, Asia & North America.	https://www.okconsulting.com/
Patrick Buckley	Patrick Buckley	Patrick has over 25 years' experience working within the water sector in Ireland, UK, and Middle East. He has been a Director and shareholder Representative on the ETS Group board since 2008 and Managing Director since 2014. Patrick is an active triathlete enjoying competing both middle and long distance.	https://www.patrickbuckley.com/
Agoria Finance Limited	Gabriela O'Mahony	Gabriela is an ACCA qualified accountant with 15 years post qualification experience. As MD of agoria she has delivered consulting and finance services to 50+ SMEs. Gabriela works directly with business owners to make them successful and has established the finance function for several award-winning, export focused Irish companies.	https://www.agoria.com/AgoriaFinance/AgoriaFinance-1599481/
Chaimers Accounting & Consulting	Elly Chaimers	Qualified as an accountant (CPA) with IFPAQ 1997. 20 years working with SMEs: financial management, financial reporting, tax, business planning and management reporting. Senior accountant with Apple and lectured in law and finance at CIT, BA in Economics and Post Grad diploma in Business Studies.	https://www.chaimers.com/
The Discovery Partnership Bilby O'Connor	Bilby O'Connor	Over 25 years in the business consulting and mentoring sector, it's widely acknowledged from client feedback that Bilby has developed a strong reputation for having excellent communication skills as well as being strong interpersonal and relationship building skills. He has taken personal responsibility for his own professional and personal development as it is an area that he encourages his clients to continually seek. His philosophy is to do it, not just as a way to help by example. There is strong evidence from client feedback, that he has the ability to lead individuals and teams to deliver tangible results and Chartered Accountant, process mentorship support to small companies. Previous external team member with B&N. Extensive experience of project evaluation, contract negotiation and implementation. Experience of project start-up and business growth. Extensive general and financial management and business development experience in Ireland and overseas.	https://www.bilbyoconnor.com/
Privately Limited	Heath Carroll	I am a qualified Chartered Management Accountant with 25 years experience in various business sectors from large corporate to small and family business. The right commercial advice is essential when business has plans for growth my passion is helping companies gain the confidence to take action to meet their stretch goals.	https://www.privatelylimited.com/
BCM Business Cost Management Limited	John McEneaney	My experience to date: Operations Engineering Manager Quality Manager	https://www.bcmcost.com/
Denise Casey	Denise Casey	Keeps both the knowledge and experience to support you in a broad range of areas, including the following: business planning / financial projections, business management, business expansion, writing of business plans, resource planning, supply chain management, completing grant applications, completing Microfinance funded applications, and the basics of getting your business up and running.	https://www.denisecasey.com/
Custom Trades Solutions	Deiran Darcy	Specialist in Customs/Tax/Trade Compliance, BREXIT Customs Planning, Customs Audit and Authorised Economic Operator Certification.	https://www.customtradesolutions.com/
Callumora Moretta (The Discovery Partnership) Don Callumora	Don Callumora	Don Callumora is a Chartered Management Accountant and High-Performance Business Mentor with extensive Irish and international commercial experience. His key strengths are in management and leadership for business growth, strategy development and execution, coaching and mentoring in scaling-up SMEs.	https://www.callumoramoretta.com/
Keith Darcy Coaching	Keith Darcy	With over 20 years in the Financial Services sector and over 10 years working in private industry at a senior level, I have an in-depth and first-hand knowledge of the challenges faced by business, the pressure they are under and the limiting factors in which they often have to operate.	https://www.keithdarcy.com/
Across Borders Consulting Nancy Martin	Across Borders Consulting Limited Nancy Martin	Across Borders Consulting Limited is a company specialised on the provision of limited and international trade advisory services. Our team have	https://www.acrossborders.com/
Na Sura Food Safety	Siothain Ní Lúca	Siothain has 25 years' experience in Product Development, Quality, Manufacturing, Auditing and Training in food manufacturing, food ingredients, food service and other sectors from small scale artisan to global multinational companies e.g. Kerry Group, Pilsner Alga Electrical/Qual International, New Kerry (Electronics), Colson, O'Keefe, F&M, Microsoft.	https://www.nasurafoodsafety.com/

Bulwark Marketing	Conor Hyde	Conor Hyde has over thirty years' business management and Marketing experience having previously held senior management positions with Golden Vale, Kerry, & Dairygold Co-op. Conor has successfully managed 3rd & 4th ranked 100 grocery brands. Conor founded Bulwark in 2001 to service a growing demand for expert, best practice, business marketing support for owner-managed SME companies in an underserved sector. www.bulwark.ie Conor successfully won his own Irish whiskey company www.hydeandhyde.ie which successfully exports to over 45 countries internationally since 2014. Originally an offshoot of O'Donnell is a food and drinks sector specialist who provides a range of commercial services within retail and food service sectors for food and drink companies and other stakeholders, primarily in the SME and start-up sectors.	http://www.bulwark.com/en/Conor-Hyde-202024/
Ultaria	Litiana - Tadhg O'Donoghue		http://www.bulwark.com/en/litiana-202024/
Foodsave Consulting	John Collier	Foodsave Consulting is a Food Innovation consultancy helping companies design and develop new products for the retail/foodservice markets. This is built on over 20 years' experience in industry by Dr Collier. We work in: Innovation Market-Intelligence Strategy/Business Models, Nutrition/Health Claims Training. We also work with companies to secure funding for startup formation, feasibility, growth.	http://www.bulwark.com/en/john-collier-202024/
Tracy Daly	Tracy Tracy	Food Business Coach and Mentor for the Casual Dining Sector	http://www.bulwark.com/en/tracy-tracy-202024/
James Burke & Associates	James Burke	James Burke is Ireland's leading independent Food service advisor who is an experienced senior executive with over 30 years knowledge in the FMCG sector. Proven ability in delivering quality results and excellence through expert planning & professionally managed teams, a strategically focused mindset with excellent interpersonal and problem solving skills.	www.jburke.ie/
Dennis Harfley	Dennis Harfley	An experienced executive across the Irish and international markets who specialised in strategy, business transformation, market share growth and mentoring colleagues. An enthusiastic, & passionate leader, driven by delivering results through a high-performance culture.	www.dharfley.ie/
Walsh Management Consultants	Michelle Walsh	Michelle is a recognised leader in the food industry, she led Roworld through substantial growth from €7m to €45m with rapid expansion into Europe. She also held a group executive director role for M&M Walsh Group. She is a chartered accountant and worked for 8 years for PricewaterhouseCoopers.	www.walshmanagementconsultants.ie/
QUAKE CONSULTING	Alan Quane	Alan has 25 years of experience in building successful branded businesses internationally across start-ups, SMEs and multi-national enterprises. From iconic brands such as Guinness, Bailey, Caffrey & Mair, to niche start-up spirits & brewing companies across global markets including Asia, BMS, UK, Canada & the US.	
Human Reasons	Auril Quinn Mansfield	What can I offer clients?	http://www.bulwark.com/en/aurilquinn/
The HR Hub	Cathrine Heffernan	HR Services for Companies with expertise in Recruitment, Training, Employee Wellbeing, Career Planning, Employee Engagement in providing highly effective Coaching & Mentoring support.	http://www.bulwark.com/en/cathrineheffernan/
2020 HR	Brendan Potts	Learn a results driven HR professional & Owner of 2020 HR, with two decades of experience, solving the intricacies of people management in the workplace by providing positive, dynamic, bespoke solutions.	
Empowerment Coaching	Julie Don	Julie is a qualified coach and holds a MSc in Organisational Behaviour. She works with small and medium sized business to improve work effectiveness. She offers speaking, coaching, training and mentoring. Julie a particular interest in working culture, employee health and retention, staff motivation, women in leadership and digital marketing.	http://www.bulwark.com/en/juliedon-202024/
Algebra UK	Allyson English	Allyson English is a Business Management Consultant. Allyson English has received, national and national, the benefits of the UK's Process for many companies across a wide range of business sectors. Ten years' hands on experience in Operations Management, Manufacturing Management, and HR. Her years' experience in Accounts/Financial Management roles.	http://www.bulwark.com/en/allyson-english-202024/
Lean Green Services	Derek Hamill	Services are employed by senior management teams who need cross functional support for critical projects delivering transformational change within a business. Clients include Apple, Manager Group, Lays HealthCare Group and the Western Development Commission. We also provides Mentoring services to Mayo Co.	http://www.bulwark.com/en/derek-hamill-202024/
GDPR Audits	Margaret Lally	I have 15 years working in the financial sector. Margaret has expert knowledge of regulatory compliance requirement. Since starting GDPR Audits, I have been helping businesses in their compliance with GDPR and data protection legislation both Ireland and abroad. I have excellent project management skills and works to ensure clients and businesses are protected and fully compliant in the way they need to be.	http://www.bulwark.com/en/margaret-lally-202024/
EarthRoute	Naif McManus	25 years experience from large corporates, SMEs, technical consultants and start-ups. An acknowledged subject matter expert in the circular economy and sustainability as expert advisor and evaluator to European Commission. Member and coach to EC-funded start-ups through EU Executive Agency for SMEs. Photograph submitted.	http://www.bulwark.com/en/naifmcmanus/
Green Hospitality Programme (Hospitality Transition Consultant)	Maurice Bergen	Since 2004 I have operated as an environmental management consultant with a particular focus on Resource Efficiency and have assisted hundreds of micro, small & medium companies achieve savings by adopting environmental sustainability. As a micro business owner for 20+ years I also bring a deep understanding of the challenges owners and managers face.	http://www.bulwark.com/en/mauricebergen/
Direct Business Support (Direct Impact Coaching)	Geoff Doolan	Geoff is a highly regarded leader, consultant and coach, working across a broad range of business activities. He is recognised for his strategic insight, systemic focus and his ability to initiate and manage projects across sectors. He has extensive experience working in complex and ambiguous environments with excellent engagement, facilitation and collaboration capabilities and a proven ability to lead strategic change.	http://www.bulwark.com/en/geoffdoolan/
Parsons Consulting	Alexa Parsons	Having worked in senior level positions for almost 20 years I set up my own Sales & Marketing Consultancy business in 2018. I assist businesses in the development of their sales and marketing strategies. Focusing on business growth development, brand strategies, digital marketing strategies, proactive sales negotiation.	http://www.bulwark.com/en/alexa-parsons-the-impact-coach-202024/
The Tourism Space	Tina O'Dwyer	Tina O'Dwyer is a professional coach, mentor and trainer specialising in tourism. Tina founded www.thetourismspace.com, an online training and networking platform for tourism business owners and managers. Tina works with individual business owners and managers, and also partners with national and local authorities, representative bodies and destination networks.	http://www.bulwark.com/en/tina-odwyer-202024/
John Foley	John Foley	I am currently working as an Enterprise Ireland Mentor. I have 35 years of experience in General Management and Marketing roles both in Ireland and internationally with multi-national companies, including C.E.O. of Waterford Crystal. I have a Post-grad qualification in Executive Coaching from Smurfit Business School.	http://www.bulwark.com/en/john-foley-202024/
Anna Healy	Anna Healy	Anna Healy is a Mindset & Confidence Coach for business owners. An experienced Manager, her approach is practical, grounded and solution focused. Anna has successfully started two businesses and was regional branch with Network Ireland in 2020. Anna ambles her own words on LinkedIn "Women in Business - Work Life".	http://www.bulwark.com/en/annahealy-202024/
WISER MARKETING	Maire Whelan	Having held senior marketing positions for 20 years in the UK on brands such as Heineken, I returned to work O&A 3 years ago, where I've since been providing marketing support to local business. I also deliver the Start Your Own Business Programme with Business IQ for Local Enterprise Offices.	http://www.bulwark.com/en/mairewhelan-2024/
DAILY VENTURES LTD	Brendan Daly	Technology Strategist and Serial Entrepreneur with an engineering background and a passion for emerging technology. Founder and Managing Director of Daily Ventures. Currently leading artificial intelligence, hyper automation, speech analytics, and machine learning initiatives to reduce operating cost, increase compliance, and improve customer satisfaction for key clients.	http://www.bulwark.com/en/brendandaly/
Bourke Consulting	Cathrine Bourke	Senior Human Resources Consultant – passionate about assisting SMEs achieve their people potential. Over the course of my career I have worked as a Senior HR Leader within a wide range of industries locally and abroad, assisting organisations through significant operational and organisational growth. I hold a Master's Degree in Strategic Human Resource Management and am an accredited member of the CIPD and CIPHR.	http://www.bulwark.com/en/cathrinebourke/
A-LINE DESIGN LTD (A ACCESS DESIGN)	Adam Bockley	Creative, accomplished and experienced entrepreneur in Fashion Design. Design professional with strong leadership, project management and interpersonal communication. Experienced Mentor in Product Design & Development to diverse demographics. Advocate for sustainability. Committed to fostering creativity and design skills to strengthen Ireland's reputation as a global leader in the Creative industries.	
Dore Media	Michael Dore	Michael Dore has over 20 years' experience in the Agrifood sector. Michael has successfully mentored sales-teams and industry stakeholders during his career. Michael holds a Master's degree in Agriculture Science from UCD, a Diploma in Journalism & Media Studies and a Diploma in Management Studies from DQF.	
Deliberately Ltd	Enda Larkin	Enda Larkin is an entrepreneur, mentor, trainer and author with over 30 years' experience across multiple business sectors and countries. Enda has a proven track record in scaling businesses, including fund raising, strategy development, team building, and stakeholder engagement. Enda is also a recognised business mentor and leadership coach.	
Nadine Lowe Consulting	Nadine Lowe	Nadine Lowe has over 25 years' experience working with SMEs across all sectors, throughout the UK and Ireland. Nadine's wealth of experience enables her to specialise in Tendering and Procurement, Importing and Exporting, Sales Development, Project Management, Business Development, Training and Advice.	
Cara Bruen Coaching	Cara Bruen	Public Business and Marketing Mentor / Web Designer I have done over 700 hours of 1-to-1 client sessions in that time. The main things I work with people in sessions are: Marketing/Social Media, Pitching, Creating Online Courses, Time and Task Management as a business owner. I have taught a course called "Start your Coaching Business" to 12 participants who've taught Business Model, Niche, establishing a web presence and tools for business. I have run a business membership group called "The Ireland Business Collective" for 6 months where I coached weekly in a group context. 18 years working as a Primary School Teacher: experience in communication, organisation, education.	http://www.bulwark.com/en/cara-bruen-coaching-202024/
Maria Coakley Coakley Project Services	Maria Coakley	Maria Coakley from Coakley Project Services works collaboratively with start-ups and SME's to explore practical sales and marketing solutions to grow their business. She specialises in the areas of: SME Strategy & Business Planning, Sales, Lead Generation & Marketing, Interpersonalisation & Social Media processes. She has a passion for entrepreneurship, professional development and transforming mindsets.	http://www.bulwark.com/en/maria-coakley-202024/
Spectrum Display	Lisa McCarty	With over 20 years experience of Visual Merchandising and Displays, my training will provide micro-entrepreneurs clients with the training, tools and techniques to display their products and services with flair. Will these skills they can grow value, sustain employment and create digital content for their online platforms.	http://www.bulwark.com/en/lisamccarty-202024/
Alpha Omega Consultancy	Donagh Monaghan	Food & drink business development and innovation specialist with over 25 years' experience working with artisan, SME and large producers from start-up through growth to export. Donagh previously worked for the Kerry Group (Ireland, Turkey) and Premier Foods (Ireland, Bahrain).	http://www.bulwark.com/en/donagh-monaghan-202024/
Joe Bogdan	Joe Bogdan	Commercial leader with international experience with "Start up" and established Irish, Technology & Software businesses. Passionate about new ideas innovation and the possibilities of how they could be used in the Home, City and challenge the traditional approach to doing things which drive digital change.	http://www.bulwark.com/en/joebogdan/
Clair Hoare	Clair Hoare	Clair Hoare (BSc Food Science & Technology) is a qualified Food Safety Consultant, Trainer & Auditor with over 30 years experience in the food industry.	http://www.bulwark.com/en/clair-hoare-202024/
Candice Murphy Coaching	Convin Murphy	My name is Convin Lordan and my company's name is Fusion Performance. My role within the company is elite performance coach. My professional achievements to date include working with a state company and several Ireland start-up companies. I am very passionate about coaching and working with high performance individuals and teams.	http://www.bulwark.com/en/convin-murphy-202024/
Greenfields	Edward Burke	With over 20 years experience of visual Merchandising and Displays, my training will provide micro-entrepreneurs clients with the training, tools and techniques to display their products and services with flair. Will these skills they can grow value, sustain employment and create digital content for their online platforms.	http://www.bulwark.com/en/edward-burke-202024/
Marketing Eye	Lisa Ryan	Greenfields Consultancy enables businesses learn their export markets successfully. We work on key Sales & Marketing Essentials of your business, in order to perform at the highest level. Much of my work and global travel has been in the US, UK, Eastern Europe, USA, Canada, Central and South America, South East Asia, parts of Africa, Australia and New Zealand. As a result, I have a good ability to work with regional and global organisations on a professional and efficient manner.	
Quantum Business Solutions	Nail O'Brien	Business Development, Business, e-commerce, customer experience, performance data, marketing automation, marketing membership and training.	http://www.bulwark.com/en/nail-obrien-1395768/
Spine Innovation Limited	Stephen Whelan	The ethos behind Spine is an admiration of the Irish way of doing business. We believe Ireland is a great place to do business particularly with the benefit of building close relationships with customers and suppliers alike. We believe that relationships are the most important element of conducting business. Spine believes this is the key to the level of innovation and in particular, the level of creativity. At Spine, we provide a wide range of services, ranging from website design, graphic design and print, to more technical services such as hosting, website maintenance and support.	http://www.bulwark.com/en/stephenwhelan/
New Arch Consulting	Nicola Doran	Specialised and effective marketing, trainer, mentor and entrepreneur with experience in the area of Communications, Marketing and Market Development. Strong background in a variety of sectors including design & art, community development, retail, hospitality, further education and financial services. Excellent communication and organisational skills with an energetic and supportive approach.	http://www.bulwark.com/en/nicola-doran-7160206/
Vonnie Scully & Associates	Vonnie Scully	Vonnie Scully, MBA (ECL) is a Business Consultant, Freelance Entrepreneur, Business Angel Investor, Focus and Investment Banking background and is the following people: Entrepreneur Ireland (EI) Business Growth Advisor on Business Strategy, Sales and Marketing; E1 Strategic Consultancy Panel; E1 mentoring panel; Programme mentor and trainer on the LE0/B04/Ba/SuperVital Food Academy Programme. Export Development Consultant for LED Dublin City, South Dublin and Fingal. Mentoring and training panels of several Local Enterprise Offices.	http://www.bulwark.com/en/vonniescully/
Jennifer Chamberlaine	Jennifer Chamberlaine	Jennifer is an accomplished and driven chief marketing professional and Non-Executive Director with talents in strategic development, defining focus and direction who generating significant impact business value. She is skilled at creating strategies and implementing processes to ensure quality customer targeted and KPIs. Jennifer collaborates with senior across the business to create growth strategies in line with overarching business objectives, proactively delivering against targets and KPIs. Jennifer leverages her communication and interpersonal skills to guide and mentor professionals at all levels. Bold, knowledgeable and committed to excellence, she adds significant value as a Non-Executive Director, Consultant and Advisor with a transformation approach.	http://www.bulwark.com/en/jenniferchamberlaine/
Alford Ltd	Michelle Larkin	Michelle Larkin, business turnaround specialist 25 years' MBA graduate. Published author in Business With Yourself (Dorset Press). Keynote Speaker: Entrepreneur in Residence Catalyst Inc; Member policy forum for the National VEC and Business Skills. Accredited with Ireland Centre for Innovation, Irish Business Forum Belfast NIEM. Business columnist with Irish Times.	http://www.bulwark.com/en/michellelarkin/
One Line Consulting Ltd	Roseanne Neenan	A business development advisor working in a strategic, helping identify the North Sea and create a path to it. Strength lies in stakeholder engagement, building capacity and driving solutions to business challenges in community engagement, public affairs, brand positioning, profile raising, crisis management, strategic planning, marketing, accessibility, diversity, and impact development.	http://www.bulwark.com/en/rosetneenan/
Martin Sheahan	Martin Sheahan	Successful and proven entrepreneur with extensive experience in Marketing in both Business to Business and Business to Consumer environments. Expert in finding best route to market and in particular new product/service market validation and strategic development. A practical problem solver.	http://www.bulwark.com/en/martin-sheahan-2148843/