

Access to Mullingar

LOCATION

Located in the centre of the Midlands, Mullingar is on the National Primary N4 axis and is approximately one hours drive from Dublin. It is, at 80kms/ 50mls the nearest point of the Gateway axis of Mullingar / Athlone / Tullamore to Dublin. The Gateway axis of the three towns has been selected by Government for priority development as set out in the National Spatial Strategy. Capital for investment projects in this axis will be available from the €300m Gateway Innovation Fund. The region is also designated for priority investment under the National Development Plan for the next 7 years.

DRIVING DISTANCES FROM MULLINGAR

Description	Km's	Miles	Approximate Drive Time
Dublin	80	50	1.00 hr
Dublin Airport	88	55	1.05 hrs
Dublin Seaport	82	51	1.30 hrs
Cork	224	140	3.30 hrs
Shannon Airport	180	112	2.30 hrs
Rosslare Port	206	128	3.00 hrs
Waterford Port	170	105	2.40 hrs
Athlone	45	30	0.40 hrs
Galway	128	85	2.05 hrs
Knock Airport	144	90	2.10 hrs
Maynooth University	57	38	0.40 hrs
Tullamore	33	22	0.35 hrs

TRANSPORT LINKS

Mullingar is one of the most accessible locations in Ireland and is within easy reach of all major centres both in the North and South of Ireland. The town is serviced by road, rail and bus networks.

Road

The national primary N4 and national secondary N52 routes provide road access to Mullingar. The town is easily accessible and enjoys good road access to all parts of Ireland. Bus Eireann (national bus company) provide daily bus services to Dublin, Cork, Galway, Belfast and indeed links to all other centres in the country.

Rail

Mullingar is currently serviced by seven rail passenger services a day to Dublin (1 hour 5 mins) and a minimum of five per day to Sligo (1 hour 55 mins). Recent upgrading of the rail network has facilitated fast access trains.

Air

In air transport, Mullingar, is just over one hour from Dublin International Airport 88km (55 miles), Shannon International Airport at 2 hours, 30 mins drive time (180 km/112 miles), as well as other regional airports at Galway (128 km/ 85 miles) and Ireland West Airport Knock (144km / 90mins). Mullingar also has a number of accessible heli-pads and can facilitate local air access through Abbeyshrule Air Field.

Port Facilities

Roll-on Roll-off facilities, extensive container handling and terminal facilities are available at the three major Irish seaports situated at Dublin (82 km/51 miles), Waterford (170 km/105 miles) and Rosslare (206 km/128 miles).

DEMOGRAPHIC PROFILE OF MULLINGAR

IRELAND – Total Population 4,238,848 (Male : 2,121,171 Female : 2,118,677) Census 2006.

Cities		Regional Towns	
Greater Dublin	1,187,176	Mullingar	18,529
Cork City	119,418	Athlone	16,273
Limerick City	52,539	Tullamore	10,907
Galway City	72,414		
Waterford	45,748		

POPULATION OF WESTMEATH

	6 km / 4 mile Radius	18 km / 12 mile radius
Mullingar Town & Environs	18,529	43,188
Rest of County	60,817	36,158
Total for County	79,346	79,346

POPULATION GROWTH [2002 - 2006]

	2002	2006	CHANGE	%
Mullingar	15,836	18,529	2,693	+ 17%
Co. Westmeath	71,858	79,346	7,488	+ 10.4%

POPULATION BY CATEGORY

	Male	Female	Total
Mullingar	9,131	9,398	18,529
Co. Westmeath	39,819	39,527	79,346

POPULATION BY DRIVE TIME

	From Mullingar
10 min	25,947
20 min	48,893
30 min	103,183
40 min	189,344

Demographic Profile



Education & Research Facilities

PRIMARY & SECOND LEVEL EDUCATION

Primary school education is provided by ten primary schools located in the greater Mullingar area. There are seven secondary schools offering up to 3,000 places in the general Mullingar catchment area, ranging from non fee-paying public schools to fee-paying private schools.

THIRD LEVEL EDUCATION

Third Level education is provided in Mullingar by Westmeath Vocational Educational Committee (V.E.C.) and a number of private providers who deliver Certificate and Diploma courses in a range of different subjects. The town is also fortunate to be served by quality institutions including the National University Ireland at Maynooth and the Institute of Technology in Athlone, both of which are a 40 minute drive from Mullingar.

N.U.I. Maynooth (NUIM)

The National University of Ireland in Maynooth is Ireland's second oldest university and has 8,400 registered students. The university has just completed a €100 million building programme and now boasts the most up to date academic and research facilities. There are 26 academic departments within the university which has a renowned reputation for its science faculties.

NUIM is committed to the development of a knowledge based economy and one of their prime aims is to facilitate Irish based companies to engage in research and development, by offering services and expertise and in forging research partnerships. The university is currently working with more than 20 national and international companies including Intel, Sun, Eli Lilly, Solvay Pharmaceuticals, SAP, Chevron, Cisco, Nokia, Biosensia, Oriflame, Eircom, Samsung, Boeing, Analog Devices and Lucent / Bell Labs.

The key research institutes in the university focus on the following areas;

The Hamilton Institute: 40 active researchers in machine learning, network optimisation, systems biology, automotive research and data mining.

The Institute of Immunology: addresses research questions in immunology, the study of how the body is defended against disease.

The Innovation Value Institute: co-founded with Intel Corporation includes approximately 25 corporate members including HP, Microsoft, Boston Consulting and BP.

The Institute for Microelectronics and Wireless Systems: has expertise in RF and wireless communications. Other key research strengths in Computer Science include computer vision, gaming and brain computer interfaces.

Other research institutes include:

Institute of Bioengineering and Agroecology / National Institute for Regional and Spatial Analysis / National Centre for Cellular Biotechnology / National Centre for Geocomputation

Further details of all industry linked research programmes at N.U.I. Maynooth are located at [HYPERLINK "http://research.nuim.ie/"](http://research.nuim.ie/)

ATHLONE INSTITUTE OF TECHNOLOGY (A.I.T.)

Athlone Institute of Technology (A.I.T.) offers an extensive range of undergraduate and post-graduate programmes to over 5,000 students. Faculties at the Institute include the schools of Business, Engineering, Humanities

and Science. The institute plays a central role in providing a top quality tertiary education for students and a collaborative resource for industry.

The provision of postgraduate programmes is an increasingly important part of A.I.T.'s operations and include an Executive MBA Programme, MSc in Software Engineering, MSc in Applied Polymer Technology and the MSc in Toxicology.

The Institute works very closely with industry and has developed a range of responses to the needs of industry including :

External Services Unit – acts as a central contact point for companies and community organisations to the Institutes range of industrial services. A range of independent expertise and services, enables the Unit to identify tailored solutions to the needs of industry in the manufacturing services, life sciences, physical sciences and information technology sectors.

Midlands Innovation and Research Centre (MIRC) was established on campus in 2004 as a converging hub for innovation, research and enterprise in the Midlands and provides incubation facilities for innovative and knowledge based enterprises.

In March 2007 the **Centre for Nanotechnology and Materials Research (CNMR)** was established. The centre builds on core competence within A.I.T. and strengthens collaborative links with industry and other partners. The combination of skill sets and knowledge available has created a vehicle for addressing plastics/medical device/pharma industry needs, spanning short-term problem-solving to long-term strategic research.

Research and teaching in the School of Engineering at the Institute will receive a considerable boost with the construction of a new 11,000m² engineering and informatics building, costing €40 million. The new building, which is due for completion in 2008, will accommodate an additional 800 students and 70 staff.

Industry Focused Research

In association with IDA Ireland, the Georgia Tech Research Institute (GTRI) are establishing an Applied Research Institute in Athlone I.T to focus on industry R&D needs. The Applied Research Institute specialises in translational research - the integration of technologies to prove feasibility and hence establish their commercial potential.

G.T.R.I. Ireland will be G.T.R.I.'s first research facility outside of the U.S. and they plan over the next 5 years to build up a portfolio of research programmes and collaboration with industry which will be valued in excess of €20 m. At full operation they will employ 50 highly qualified researchers.

It will work across multiple disciplines and in partnership with industry to bring new technological solutions to address the industry and market needs of companies in Mullingar and the rest of Ireland.

DECENTRALISATION

The Government has taken a policy decision to pursue decentralisation of national government departments from Dublin to towns and cities around the country. Mullingar has been chosen to host the national headquarters of the Department of Education and Science.

A site has been secured in the town to accommodate the new headquarters and detailed planning was lodged by the Office of Public Works in May 2007. It is expected that the new headquarters will be completed in 2009.

CULTURAL AND RECREATIONAL OPPORTUNITIES...

ARTS & CULTURAL ACTIVITIES

Arts, cultural and social interests in Mullingar are very well catered for. The town plays host to nationally renowned choral and music societies as well as drama, art and cultural groups.

The centre of much of this activity is the Mullingar Arts Centre. A full schedule of concerts, comedy shows, dance and drama events takes place at the 400 seater theatre on a year round basis.

Belvedere House and Gardens

Located just outside Mullingar town, Belvedere House and Gardens is located in a stunning natural setting overlooking Lough Ennell. The magical estate has a colourful history dating back to 1740. Today, the estate is home to a large Visitor Centre and the stunning gardens are part of the Great Gardens of Ireland Restoration Programme. A year round schedule of events include outdoor concerts and theatre, garden festivals, national music events, fashion shows, vintage displays, and guided tours. Arrangements are in place to host national concert events in Belvedere in the summer months every year for the foreseeable future.

Within a short driving distance of Mullingar, a wide range of attractions are available including...

Tullynally House and Gardens

One of Irelands oldest castles and a family home for the Pakenham family. Guided tours are available through the castle and the gardens, which like the castle are on a magnificent scale, taking in nearly 12 hectares. Terraced lawns around the castle overlook superb 18th Century parkland. Adventure trail for children.

Fore Abbey and the Seven Wonders.

An ancient Monastic Site – the ruins of St. Fechins Monastery which date back to the 7th Century A.D. Closely associated to the monastery and St.Fechin are the Seven Wonders of Fore which include Water that Flows uphill, the Tree that won't burn and the Water that won't boil.

Lockes Distillery and Museum – Established in 1757,

Lockes Distillery is the oldest pot distillery in the world. Now open as a museum, guided tours follow the process from the grinding of the grain to the casking of the final product. An all weather attraction, open to the public all year round.

Hill of Uisneach – was the ancient site of the Kings of Meath.

It's roots stretch back into ancient mythology with its history rooted in the La Tene period of the Iron Age. It has been placed in the same league as the Hill of Tara in neighbouring County Meath.

Royal Canal Trail – stretches through Mullingar

Take guided path walks alongside the canal and visit canal side pubs and amenities both in Mullingar and in nearby villages.

RECREATION

Every type of sport, recreation and leisure activities are catered for in Mullingar.

Facilities include all-weather tennis and soccer facilities, extensive GAA pitches and training facilities, rugby club with full-size pitches, three 25m swimming pools, two state of the art gym and leisure facilities, indoor equestrian arenas and cross country trekking facilities, athletics track and field facilities. Mullingar was included as part of the Ryder Cup Region and has its own 18 hole championship golf course. There are six golf courses within a short drive of Mullingar.

Due to the close proximity of Mullingar to extensive lakes, angling, fishing and sailing activities are well represented. National Hunt Horse-Racing takes place at Kilbeggan Race Track, approximately 15kms from Mullingar, which hosts 8 meetings annually between May and September. Horse-racing at Kilbeggan attracts over 50,000 visitors annually.

A Greyhound Racing Track is located in Mullingar town. Racing takes place on a weekly basis.



Cultural & Recreational Opportunities



Tullynally Castle,
Castlepollard, Co. Westmeath



Business in Mullingar

There is a plentiful supply of skilled labour in Mullingar and its immediate hinterland. The composition of the skills level of this workforce is ever changing but details of the up to date position can be easily and quickly obtained from any of the Enterprise Support Agencies, details of which are included in this brochure.

Westmeath County Council have joined forces with Mullingar Employment Action Group to provide a phased development of 44 enterprise units on a two acre site at Clonmore Industrial Estate which will add to the services and facilities are readily available to the would-be investor in Mullingar.

A number of established international companies have chosen Mullingar as the location for their Irish and European base and these are joined by highly successful indigenous companies to form a vibrant commercial and industrial sector in Mullingar.

A selection of companies located in Mullingar and surrounds includes:

Capmark

GMAC Commercial Mortgage Servicing (Ireland) Ltd was renamed Capmark Services Ireland Ltd following an acquisition in March 2006. The operation in Mullingar is a full service Commercial Mortgage Administrative Centre and is the HQ for servicing European loan portfolios on behalf of affiliates and third parties.

Oakley

Oakley Ireland Optical Ltd., a wholly owned subsidiary of Oakley Inc., U.S. was established in Mullingar in 2002 to manufacture prescription and standard sunglasses for the European market. Oakley Inc. is an innovation-driven designer, manufacturer and distributor of high performance eyewear, footwear, watches and other accessories.

Patterson Pumps

Patterson Pump Ireland is a subsidiary of the U.S. owned Patterson Pumps Co. established in Mullingar since March 1998. They have been successful in developing and manufacturing fire pumps for the European market.

Imperial Tobacco

An international company located for over 30 years in Mullingar which specialises in the production of tobacco products for export.

Trend Technologies Ltd

Trend Technologies are manufacturers of precision injection moulded components and assemblies and provide complete solutions to the medical industry in Europe, offering design for manufacture, prototyping, high volume injection moulding, assembly and final packaging solutions.

Taconic International

Taconic International Limited was established in Mullingar in 1975. Taconic Ireland is involved in the application of chemical coatings for industrial, architectural, electronic and telecommunication products.

F.B.D. Insurances

In January 2007, FBD Customer Services Ltd., chose Mullingar as the destination of a new support centre in Mullingar. FBD is a leading player in the Insurance Industry in Ireland. The new support centre deals with all new phone and internet business enquiries for the company. FBD employs 1,800 people nationwide.

Iralco Ltd

Iralco was established in 1964 in Collinstown, Mullingar, Co. Westmeath. The company manufactures trim components (roof railing, support frames, windscreen surrounds and decorative chrome mouldings) for the European automotive industry.

Mergon International

An injection welding company situated at Castlepollard, just North of Mullingar. This company manufactures automotive business equipment, healthcare and appliance industries.

Mr. Crumb

Located in Finea, North of Mullingar. Mr. Crumb was established in 1996 and produces unique gourmet products. One of the fastest growing specialist food manufacturers in the country and winner of numerous awards, the company now supplies all leading supermarkets in Ireland and the U.K.

RETAILING IN MULLINGAR

As a thriving retail town, Mullingar offers a wide range of shopping options. Every market is catered for in the town from high end boutique shopping to chain store brand shopping. Attracting a wide audience from the surrounding hinterland, the town is always busy and can offer shoppers everything from book stores, jewellers, fashion, household and lifestyle stores, health food, electronic and electrical wares as well as furniture and garden stores.

A local government Retail Strategy is in place in the town and contains guidance on the location and scale of retail development. Any applications to the local authority for large retail developments will be considered in the context of this Retail Strategy.

Initially, it is envisaged that retail development will be focused in the town centre, and on edge-of-centre sites immediately adjoining the town centre.

LAND AND BUILDINGS AVAILABILITY

The needs of the would-be investor are well catered for in Mullingar by the ready availability of serviced lands, sites, office and factory sites located strategically in and around the town. Advice and support is available from local enterprise support agencies to assist you in finding the right location for your business. The following is a summary of just some of the facilities available.

Ardmore, Mullingar – I.D.A.

An I.D.A. Ireland owned 70 acre site with Phase 1 already completed. There is available space to meet the requirements of any new client. Planning permission is in place for advance office and technology facilities.

Clonmore Business Park

Seventeen acres of development serviced sites, adaptable to client requirements.

Forest Park Business Park

A mixture of office units (20,000 sq. ft approx) and industrial space of 17,500 sq. ft and 18,600 sq. ft.

Lough Sheever Corporate Park

A quality business and industrial park of approx. 95 acres being developed on a phased basis by a private development company who will cater to very specific client requirements.

Mullingar Business Park

A quality industrial development, comprising of a mix of small, medium and large enterprises.

Lakepoint Business & Retail Park

Large retail and business park located just outside the town centre.

Expert help is available to fast-track access to information, contacts and the expertise you require to ensure your business succeeds in Mullingar. If you require further information, please contact any of the main Enterprise Support Agencies listed in this brochure:

Westmeath County Enterprise Board

Tel **044-9349222**

The Community & Enterprise Office, Westmeath County Council

Tel **044-9332137**

Mullingar Chamber

Tel **044-9344044**



Business in Mullingar



Services

TELECOMMUNICATIONS

Ireland has one of the most advanced telecommunications networks in Europe. Diverse fibre optic connections on all major European routes delivers fast crystal clear connections to all parts of the globe. A particular feature provided is an international routing service which provides a toll free capability between Ireland and the U.S. The country enjoys one of the lowest costs for toll free services.

Mullingar is serviced by the most up to date digital exchange technology. The town is served with broadband fibre optic connectivity to the trunk and junction network of the country's main switching centres. Located on the Western Digital Corridor, Mullingar can facilitate international e-commerce businesses.

There are many companies offering broadband packages to businesses and to individuals. The largest of these is Eircom, a private sector company, which offers ISDN services in various packages to suit small, medium and large users. All can carry voice, data and video signals. Call centres use the highest rated service.

Important also, is the availability of high speed broadband services suitable for a multinational company with complicated network environments including local area networks (LAN) connected to a wide area network (WAN). Mullingar has a fully operational high-speed fibre-optic Metropolitan Area Network (MAN).

In summary, investors can get competitive packages from a number of market suppliers that will best suit their particular requirements. The availability of this critical enabling infrastructure encourages economic development and makes Mullingar a very attractive location for businesses and services.

ELECTRICITY

Up to recent times, electricity was supplied exclusively by the Electricity Supply Board (E.S.B) through a national grid system to which all generating stations in the country are connected. However, Government policy now is to encourage alternative suppliers and generators of electricity in the private sector and companies such as Airtricity have now entered the market providing businesses with a choice.

The ESB is always prepared to meet any special requirements of business and as part of their service, special national price rates apply to the industrial sector.

GAS

Bord Gais, the semi-state supplier of natural gas has now extended the gas network to Mullingar. The availability of gas, through a number of suppliers authorised by Bord Gais provides another source of energy to would-be investors in Mullingar.

WATER SUPPLY

Mullingar water is supplied from the fresh spring Lough (Lake) Owel. Currently, the supply of 18 million litres per day can serve a

population equivalent of 98,000 (i.e. all uses converted to population equivalent at 225 litres per head). Current spare capacity is of the order of 4 million litres approx. (or population equivalent of 18,000)

SEWERAGE

There is an existing tertiary treatment plant serving a population equivalent of 26,000. Currently there is a contract under tender for upgrading the existing plant to service a population equivalent of 55,000. It is expected that this contract will be completed by the end of 2009.

In addition, it is expected that a new main link interceptor sewer will also go to tender shortly with a similar timescale for completion. i.e. the end of 2009.

ENVIRONMENTAL (WASTE) FACILITIES

Waste disposal in Ireland is undertaken to the highest E.U. standards. The landfill facility for County Westmeath, including Mullingar is located at Ballydonagh near Athlone. This site is engineered to the highest standards and currently has a life capacity for 5 years. It is further licensed for a capacity extending for two further years making a total of seven years licensed capacity.

The site is maintained to accept all Municipal Solid Waste (M.S.W.) but not to receive recyclable materials, construction demolition or hazardous waste. A hazardous waste facility is available at Kill, Co. Kildare (80km/50 miles), while there is a licensed recycling commercial waste facility in Mullingar. In addition, there are two Civic Amenity Centres for domestic waste in the town.

All domestic waste in Mullingar is collected by private collection under permit or license while commercial waste is disposed of by private contractors operating in a competitive environment. Bio-degradable facilities also exist close to the town as are glass recycling collection facilities. If there are any special waste requirements, these can be facilitated through Westmeath County Council.

The cost of the disposal of waste (excluding collection costs) is guided at the time of writing (March 2007) as averaging €130 per tonne M.S.W. and €60 per tonne recyclable waste.



List of Enterprise Support Agencies

The various Enterprise Support agencies operating in and around Mullingar endeavour to work on a partnership basis to meet the needs of clients locating in the town. Personnel within the agencies listed below and overleaf can assist you in developing a successful business in Mullingar.

WESTMEATH COUNTY ENTERPRISE BOARD LTD

The Board offers a wide range of services to businesses in the micro-enterprise category (less than 10 employees) including the provision of enterprise advice and assistance, mentoring, financial assistance and business development training as well as having an up-to-date Business Information Centre.

Westmeath County Enterprise Board

Business Information Centre,
Church Avenue, Mullingar

Tel **04493 49222** Fax **04493 49009**

Email **info@westmeath-enterprise.ie**

Website **www.westmeath-enterprise.ie**

INVESTMENT AND DEVELOPMENT AGENCY (IDA) IRELAND

A state funded agency charged with securing new foreign direct investment from overseas in manufacturing and international services sectors.

IDA, Athlone Business & Technology Park,

Garrycastle, Athlone.

Tel **353 44 0906 471500** Fax **353 44 0906 471500**

Email **athlonereception@ida.ie**

Website **www.idaireland.com**

ENTERPRISE IRELAND

A state organisation tasked with assisting Irish companies to develop export sales, invest in research and innovation, compete through productivity, start-up and scaling up and assisting with regional development. Enterprise Ireland also provide assistance for international companies who are searching for world-class Irish suppliers and they assist international companies who want to set up food and drink manufacturing operations in Ireland.

Enterprise Ireland,

Dublin Road, Athlone

Tel **353 09064 87100** Fax **353 09064 87101**

Website **www.enterprise-ireland.com**

WESTMEATH COUNTY COUNCIL

The local authority in the County provides a wide range of services, including the areas of economic development, physical planning and essential services.

Westmeath County Council,

County Buildings, Mullingar, Co. Westmeath

Tel **353 44 933200** Fax **353 44 9342330**

Email **secretary@westmeathcoco.ie**

Website **www.westmeathcoco.ie**

FAS

A national agency that provides an extensive range of services to small, medium and large businesses operating in Ireland with particular reference to training and recruitment.

FAS,

Church Avenue,

Mullingar Co. Westmeath

Tel **353 44 9334550** Fax **353 44 9343978**

Email **Mullingar @fas.ie**

Website **www.fas.ie**

TEAGASC

Provides integrated research, advisory and training services for the agriculture and food industry in Ireland.

Teagasc,

Bellview, Dublin Road, Mullingar

Tel **353 044 9340721** Fax **353 044 9340327**

Website **www.teagasc.ie**

WESTMEATH COMMUNITY DEVELOPMENT LTD

A government funded local development company aimed at rural development and assisting with the social economic and cultural development of County Westmeath.

Westmeath Community Development,

Presentation House, Harbour Street, Mullingar

Tel **353 044 9348571** Fax **353 044 9348441**

Email **info@westcd.ie**

Website **www.westcd.ie**

Market House,
Mullingar Town Centre

FAILTE IRELAND, EAST COAST & MIDLANDS TOURISM

Provides for the planning, servicing, development and marketing of tourism related activities including the attraction of visitors to Ireland.

Failte Ireland East Coast & Midlands Tourism,
Dublin Road, Mullingar, Co. Westmeath
Tel 353 44 9348761 Fax 353 44 9340413
Email midlandseasttourism@eircom.net
Website www.midlandseastireland.travel.ie

MULLINGAR CHAMBER

The Mullingar Chamber with almost 400 members, works for and on behalf of businesses located in the town and its hinterland and seeks to actively promote the economic development of the town.

Mullingar Chamber,
Park Court, Austin Friar Street, Mullingar
Tel 353 44 9344044 Fax 353 44 9344045
Email info@mullingarchamber.ie
Website www.mullingarchamber.ie

MULLINGAR EMPLOYMENT ACTION GROUP / MULLINGAR ENTERPRISE TECHNOLOGY & INNOVATION CENTRE LTD.

A local enterprise initiative that assists small businesses by providing serviced office space. The group are now in the process of developing a new Enterprise Centre with 44 enterprise units.

Mullingar Employment Action Group,
Bishopsgate Street, Mullingar, Co. Westmeath
Tel 353 044 9343444 Fax 353 044 9348066
Email meag@eircom.net

Belvedere Gardens, Mullingar.

List of Enterprise Support Agencies



Westmeath County
Enterprise Board



SUPPORT FOR
€ SMALL BUSINESS

FINANCE &
€ TRAINING

€ COMMERCE &
RENTING



Hotels & Hospitality

There is a wide range of accommodation available in or adjacent to Mullingar including, 4-star hotels, luxury B & B's, farmhouse accommodation and a number of small family run hotels. All of the larger hotels provide venues for business events, corporate meetings and private receptions of varying sizes. State of the art conference facilities are combined in relaxed and pleasant settings.

HOTELS

Mullingar Park Hotel

Contemporary 4-star quality hotel opened in 2003. The hotel has 95 bedrooms, 2 restaurants and a fully equipped leisure club with large indoor pool and beauty therapy spa. The hotel has excellent modern conference and business facilities for up to 1200 guests. It's location on the N4 makes it perfect for business clients as well as the leisure seeker.

Annebrook House Hotel

New modern hotel in centre of Mullingar opened in March 2007, boasts 111 bedrooms, state of the art conference and banqueting facilities catering for up to 300 delegates. Stylish new bar and restaurant facilities open every day. On-site parking is available.

Bloomfield House Hotel

Situated on the shores of Lough Ennell with lake view restaurant and conservatory, charming traditional bar as well as a fully equipped leisure club including pool, gym, and beauty therapy spa. It contains 111 newly refurbished bedrooms. A superb location, it is ideal for conferences, events and business meetings.

Greville Arms Hotel

Traditional hotel located in the centre of Mullingar offers 40 bedrooms and is noted for its unique pub and excellent restaurant as well as its concert programmes. It has served the town since 1884 and also caters for conferences and local events.

Newbury Hotel

Three star family run hotel, easily accessible and adjacent to Mullingar Railway Station, offers a traditional warm welcome and personal attention to the needs of the visitor. Thirty stylish bedrooms fully equipped to meet the needs of all guests. Bar and Restaurant facilities available for guests.

Temple Country House and Health Spa

Combines the luxury and charm of a 250 year old country home with all the facilities of a contemporary health spa. Now regarded as one of Ireland's premier spas, Temple House has 23 bedrooms /suites, and excellent Garden Room restaurant. The spa with its philosophy of "harmony of mind and body" offers over 80 individual treatments and activities to suit all requirements.

BED AND BREAKFAST ACCOMMODATION

An extensive range of excellent quality accommodation is available on a year round basis.

Details of all this accommodation can be viewed on Failte Ireland East Coast & Midlands Tourism at www.eastcoastmidlands.ie www.westmeathtourism.com

EATING OUT IN MULLINGAR....

Mullingar offers a wide range of individual restaurants and bistros, ranging from inexpensive convenience dining to high quality gourmet dining.

The pubs in Mullingar offer every type of ambiance required from cosy, traditional type pubs to bustling pubs filled to the brim. Many of Mullingars' pubs serve excellent food during the day and provide live entertainment at night from traditional Irish music to modern and light jazz.

If you want to dine out in Mullingar you can choose from among the following:

FAT CAT'S BRASSERIE

Market Square, Mullingar, Tel: 044 93 49969

OSCAR'S

Oliver Plunkett Street, Mullingar, Tel: 04493 44909

PASTA BELLA

Austin Friar Street, Mullingar, Tel: 04493 47965

THE CELLAR

Newbury Hotel, Mullingar. Tel : 04493 49480

AMBER COURT CHINESE RESTAURANT

Dominick Street, Mullingar, Tel: 044 93 41241

LOTUS CHINESE

Austin Friars Street, Mullingar, Tel: 04493 32972

CHINA PALACE

Park Hotel, Mullingar, Tel: 04493 44778

BELFRY (restaurant in a converted church),

Castlepollard Road, Mullingar, Tel: 04493 42488

WOODVILLE HOUSE

Gaybrook, Mullingar, Tel: 04493 43694

SAAGAR INDIAN RESTAURANT

2 Dublin Bridge, Mullingar, Tel: 04493 40941

AMRITA'S INDIAN RESTAURANT

Oliver Plunkett Street, Mullingar, Tel: 04493 85858